

# International Journal of Physical Education, Fitness and Sports (IJPEFS)

(E-ISSN: 2457-0753)

P-ISSN: 2277-5447)

(<https://ijpefs.org/index.php/ijpefs>)

**Web of Science (WoS) Citations (2019-2020)**

**Total Number of Articles published – 77, WoS citations – 27**

S. No	IJPEFS Article	WoS Cited Article
1	Heil, D. P. (2019). Characterizing Steady-State Cardiovascular and Metabolic Responses of Recreational Climbers During Motorized Treadmill Climbing. International Journal of Physical Education, Fitness and Sports, 8(1), 58-71. <a href="https://doi.org/10.26524/ijpefs1918">https://doi.org/10.26524/ijpefs1918</a>	Jan Gajdošík, Jiří Baláš and Nick Draper, Effect of Height on Perceived Exertion and Physiological Responses for Climbers of Differing Ability Levels, Frontiers in Psychology,, 05 June 2020   <a href="https://doi.org/10.3389/fpsyg.2020.00997">https://doi.org/10.3389/fpsyg.2020.00997</a>
2	Leal, A. K., Fernandini, E., Jackson, B., Mason, M., & Elmer, D. (2019). A Required College Wellness Course Changes Beliefs, Attitudes, and Behaviors Related to Physical Activity. International Journal of Physical Education, Fitness and Sports, 8(1), 110-121. <a href="https://doi.org/10.26524/ijpefs19113">https://doi.org/10.26524/ijpefs19113</a>	Anna L. Cass, Elizabeth W. Holt, Shaniece Criss, Eleanor Hunt, Rachel Reed, Health-Related Priorities, Perceptions, and Values of University Students: Implications for Wellness Education, American Journal of Health Education, 52 (2021) 37-47. <a href="https://doi.org/10.1080/19325037.2020.1844103">https://doi.org/10.1080/19325037.2020.1844103</a>
3	Huang, W.-Y., Hsu, C.-C., & Lee, J.-Y. (2019). Research on the Motivation and Attitude of College students' Physical Education in Taiwan. International Journal of Physical Education, Fitness and Sports, 8(1), 95-109. <a href="https://doi.org/10.26524/ijpefs19112">https://doi.org/10.26524/ijpefs19112</a>	<ol style="list-style-type: none"> <li>1. Xinlong Li and Xiaoyu Shi, Design and Application of Mental Health Intelligent Analysis System for College Students Majoring in Physical Education, Journal of Physics: Conference Series, (2021) 1852 032049. <a href="https://doi.org/10.1088/1742-6596/1852/3/032049">https://doi.org/10.1088/1742-6596/1852/3/032049</a></li> <li>2. Hashiguchi, N.; Sengoku, S.; Kubota, Y.; Kitahara, S.; Lim, Y.; Kodama, K. Age-Dependent Influence of Intrinsic and Extrinsic Motivations on Construction Worker Performance. International Journal of Environmental Research and Public Health (2021) 18, 111. <a href="https://doi.org/10.3390/ijerph18010111">https://doi.org/10.3390/ijerph18010111</a></li> </ol>

4	<p>Yıldırım, Y., Arabacı, R., Topçu, H., &amp; Vardar, T. (2019). The relationship between some physical fitness characteristics and body composition of elite wrestlers. <i>International Journal of Physical Education, Fitness and Sports</i>, 8(1), 25-32. <a href="https://doi.org/10.26524/ijpefs1913">https://doi.org/10.26524/ijpefs1913</a></p>	<p>Rahmani F, Mirzaei B, Farajdzadeh Mevaloo S. Anthropometric Profile of Elite Azerbaijani Senior Greco-Roman Wrestlers. <i>Pedagogics, psychology, medical-biological problems of physical training and sports</i>. 2019;23(4):196-01. <a href="https://doi.org/10.15561/18189172.2019.0406">https://doi.org/10.15561/18189172.2019.0406</a></p>
5	<p>Pennington, C. G. (2019). Sport Education and Physical Activity: Recommendations for Maximizing the Model. <i>International Journal of Physical Education, Fitness and Sports</i>, 8(1), 122-123. <a href="https://doi.org/10.26524/ijpefs19114">https://doi.org/10.26524/ijpefs19114</a></p>	<ol style="list-style-type: none"> <li>1. Ben Jones, Ed Hope, Andrew Hammond, Jason Moran, Thomas Leeder, John Mills, Gavin SandercocK, Play more, enjoy more, keep playing; rugby is a simple game, <i>International Journal of Sports Science &amp; Coaching</i> First Published 2021 <a href="https://doi.org/10.1177/1747954121991444">https://doi.org/10.1177/1747954121991444</a></li> <li>2. Colin G. Pennington, Lacie M. Webb Pennington. (2020) Enhancing Physical Education for Students with Vision Impairment and Preventing Retinal Detachment. <i>Journal of Physical Education, Recreation &amp; Dance</i> 91:3, pages 53-54. <a href="https://doi.org/10.1080/07303084.2020.1696135">https://doi.org/10.1080/07303084.2020.1696135</a></li> <li>3. Kao C-C, Luo Y-J. The influence of low-performing students' motivation on selecting courses from the perspective of the sport education model. <i>Physical education of students</i>. 2019;23(6):269-78. <a href="https://doi.org/10.15561/20755279.2019.0601">https://doi.org/10.15561/20755279.2019.0601</a></li> </ol>
6	<p>Vishwanathan, M., Manninen, M., Waller, S., Sifre, M., E. Evans, E., &amp; Yli-Piipari, S. (2019). Effect of Psychological Need-Supportive Summer Camp: FIT-Dawg Girls Summer Camp. <i>International Journal of Physical Education, Fitness and Sports</i>, 8(2), 51-63. <a href="https://doi.org/10.26524/ijpefs1927">https://doi.org/10.26524/ijpefs1927</a></p>	<p>Mika Manninen &amp; Sami Yli-Piipari, Ten Practical Strategies to Motivate Students in Physical Education: Psychological Need-Support Approach, <i>Strategies</i>, 34, (2021) 24-30. <a href="https://doi.org/10.1080/08924562.2020.1867270">https://doi.org/10.1080/08924562.2020.1867270</a></p>
7	<p>Armstrong, N. (2019). Fact and Fiction in youth Cardiorespiratory Fitness. <i>International Journal of Physical Education, Fitness and Sports</i>, 8(2), 8-13. <a href="https://doi.org/10.26524/ijpefs1922">https://doi.org/10.26524/ijpefs1922</a></p>	<p>Neil Armstrong and Jo Welsman, Interpreting Youth Aerobic Fitness: Promoting Evidence-Based Discussion—A Response to Dotan, <i>Pediatric Exercise Science</i> (2019), 31 (2019) 382-385. <a href="https://doi.org/10.1123/pes.2019-0119">https://doi.org/10.1123/pes.2019-0119</a></p>

8	<p>BELKADI, A., Benchehida, A., Benbernou, O., &amp; Sebbane, M. (2019). Competencies and training needs and its impact on determining the professional skills of Algerian elite coaches. <i>International Journal of Physical Education, Fitness and Sports</i>, 8(3), 51-61. <a href="https://doi.org/10.26524/ijpefs1936">https://doi.org/10.26524/ijpefs1936</a></p>	<p>1. Zenati Yacine, Benbernou Othmane, Belkadi Adel, Sebbane Mohamed, Benchehida Aabdelkader, Cherara Lalia, Functional Movement Screening as a Predictor of Injury in Highly Trained Female's Martial Arts Athletes, <i>Polish Hyperbaric Research</i>, vol.71, no.2, 2021, pp.67-74. <a href="https://doi.org/10.2478/phr-2020-0012">https://doi.org/10.2478/phr-2020-0012</a></p>
9	<p>Sarah Ullrich-French, &amp; Anne E. Cox. (2019). Mindfulness, Self-Compassion, Executive Functioning, and Stress: Exploring a Process Model in Adolescents. <i>International Journal of Physical Education, Fitness and Sports</i>, 8(3), 32-41. <a href="https://doi.org/10.26524/ijpefs1934">https://doi.org/10.26524/ijpefs1934</a></p>	<p>Margo E.K. Adam, Abimbola O. Eke, and Leah J. Ferguson, "Know That You're Not Just Settling": Exploring Women Athletes' Self-Compassion, Sport Performance Perceptions, and Well-Being Around Important Competitive Events, <i>Journal of Sport and Exercise Psychology</i> 43: Issue 3 (2021) Pages: 268–278. <a href="https://doi.org/10.1123/jsep.2020-0196">https://doi.org/10.1123/jsep.2020-0196</a></p>
10	<p>P. Cherup, N., &amp; Vidic, Z. (2019). Mindfulness with Collegiate Gymnasts: Effects on Flow, Stress and Overall Mindfulness Levels. <i>International Journal of Physical Education, Fitness and Sports</i>, 8(3), 19-31. <a href="https://doi.org/10.26524/ijpefs1933">https://doi.org/10.26524/ijpefs1933</a></p>	<p>Holguín-Ramírez J, Ramos-Jiménez A, Quezada-Chacón JT, Cervantes-Borunda MS, Hernández-Torres RP. Effect of Mindfulness on the Stress–Recovery Balance in Professional Soccer Players during the Competitive Season. <i>Sustainability</i>. 2020; 12(17):7091. <a href="https://doi.org/10.3390/su12177091">https://doi.org/10.3390/su12177091</a></p>
11	<p>Tadesse, T. (2019). Curriculum Development and Review in Sports Academy Setting: Proposing Models and Methodologies. <i>International Journal of Physical Education, Fitness and Sports</i>, 8(3), 7-18. <a href="https://doi.org/10.26524/ijpefs1932">https://doi.org/10.26524/ijpefs1932</a></p>	<p>Tadesse T, Asmamaw A, Habtemariam S, Edo B. Sports Academy as an Avenue for Psychosocial Development and Satisfaction of Youth Athletes in Ethiopia. <i>Sustainability</i>. 2020; 12(7):2725. <a href="https://doi.org/10.3390/su12072725">https://doi.org/10.3390/su12072725</a></p>
12	<p>Katharina Petri, Peter Emmermacher, Steffen Masik, &amp; Kerstin Witte. (2019). Comparison of response quality and attack recognition in karate kumite between reality and virtual reality – a pilot study. <i>International Journal of Physical Education, Fitness and Sports</i>, 8(4), 55-63. <a href="https://doi.org/10.26524/ijpefs1946">https://doi.org/10.26524/ijpefs1946</a></p>	<p>1. Dan Li, Chao Yi, Yue Gu, "Research on College Physical Education and Sports Training Based on Virtual Reality Technology", <i>Mathematical Problems in Engineering</i>, vol. 2021, Article ID 6625529, 8 pages, 2021. <a href="https://doi.org/10.1155/2021/6625529">https://doi.org/10.1155/2021/6625529</a></p> <p>2. Sean M. Cochran, Christopher A.Aiken, Christopher K.Rhea, Louisa D.Raisbeck, Effects of an external focus of attention and target occlusion on performance in virtual reality, <i>Human Movement Science</i>, 76, April 2021, 102753. <a href="https://doi.org/10.1016/j.humov.2021.102753">https://doi.org/10.1016/j.humov.2021.102753</a></p> <p>3. Stefan Pastel, Chien-Hsi Chen, Katharina Petri, Kerstin Witte, Effects of body visualization on performance in head-mounted display virtual reality, <i>Plos One</i> 2020. <a href="https://doi.org/10.1371/journal.pone.0239226">https://doi.org/10.1371/journal.pone.0239226</a></p>

13	<p>T, K., Carboch, J., M, C., &amp; J, K. (2020). Tactics in tennis doubles: analysis of the formations used by the serving and receiving teams. <i>International Journal of Physical Education, Fitness and Sports</i>, 9(2), 45-50.  <a href="https://doi.org/10.34256/ijpefs2026">https://doi.org/10.34256/ijpefs2026</a></p>	<ol style="list-style-type: none"> <li>1. Anna Fitzpatrick, Joseph A Stone, Simon Choppin, John Kelley, Investigating the most important aspect of elite grass court tennis: Short points, <i>International Journal of Sports Science &amp; Coaching</i>, 2021.  <a href="https://doi.org/10.1177/1747954121999593">https://doi.org/10.1177/1747954121999593</a></li> <li>2. Rafael Martínez-Gallego, Fernando Vives, José Francisco Guzmán, Jesús Ramón-Llin &amp; Miguel Crespo, Time structure in men's professional doubles tennis: does team experience allow finishing the points faster?, <i>Sustainability</i>, 21 (2021) 215-225.  <a href="https://doi.org/10.1080/24748668.2021.1872218">https://doi.org/10.1080/24748668.2021.1872218</a></li> <li>3. Rafael Martínez-Gallego, Miguel Crespo, Jorge Jiménez, Analysis of the differences in serve effectiveness between Billie Jean King Cup (former Fed Cup) and Davis Cup doubles tennis matches, <i>International Journal of Sports Science &amp; Coaching</i>, 2021.  <a href="https://doi.org/10.1177/1747954120988545">https://doi.org/10.1177/1747954120988545</a></li> <li>4. Rafael Martínez-Gallego, Fernando Vives, José Francisco Guzmán, Jesús Ramón-Llin, Miguel Crespo, Time structure in men's professional doubles tennis: does team experience allow finishing the points faster?, <i>International Journal of Performance Analysis in Sport</i>, 2021  <a href="https://doi.org/10.1080/24748668.2021.1872218">https://doi.org/10.1080/24748668.2021.1872218</a></li> </ol>
14	<p>Sakellaropoulos, S., Lekaditi, D., &amp; Svab, S. (2020). Cardiopulmonary Exercise Test in heart failure: A Sine qua non. <i>International Journal of Physical Education, Fitness and Sports</i>, 9(2), 1-8.  <a href="https://doi.org/10.34256/ijpefs2021">https://doi.org/10.34256/ijpefs2021</a></p>	<ol style="list-style-type: none"> <li>1. Stefanos Sakellaropoulos, Andreas Mitsis, Cardiopulmonary Exercise Test–The Revolving Door of Left Ventricular Assist Devices in Heart Failure, <i>Current Problems in Cardiology</i> 46, Issue 3, March 2021, 100651.  <a href="https://doi.org/10.1016/j.cpcardiol.2020.100651">https://doi.org/10.1016/j.cpcardiol.2020.100651</a></li> <li>2. Dimitra Lekaditi, Stefanos Sakellaropoulos, Myosin Modulators: The New Era of Medical Therapy for Systolic Heart Failure and Hypertrophic Cardiomyopathy, <i>Cardiol Res.</i> 2021;12(3):146-148  <a href="https://doi.org/10.14740/cr1243">https://doi.org/10.14740/cr1243</a></li> </ol>
15	<p>Jan Carboch, &amp; Petr Smocek. (2020). Serve and Return in Badminton: Gender Differences of Elite Badminton Players. <i>International Journal of Physical Education, Fitness and Sports</i>, 9(1), 44-48.  <a href="https://doi.org/10.34256/ijpefs2014">https://doi.org/10.34256/ijpefs2014</a></p>	<p>Liu H, Leng B, Li Q, Liu Y, Bao D, Cui Y. The Effect of Eight-Week Sprint Interval Training on Aerobic Performance of Elite Badminton Players. <i>International Journal of Environmental Research and Public Health</i>. 2021; 18(2):638.  <a href="https://doi.org/10.3390/ijerph18020638">https://doi.org/10.3390/ijerph18020638</a></p>

16	<p>Thompson, S., Evans, E. M., &amp; Yli-Piipari, S. (2020). An Exposure-Based Intervention Dismantles College-Aged Females' Barriers for Resistance Training: Project WONDER Training. <i>International Journal of Physical Education, Fitness and Sports</i>, 9(4), 01-16.  <a href="https://doi.org/10.34256/ijpefs2041">https://doi.org/10.34256/ijpefs2041</a></p>	<p>Cowley ES, Watson PM, Foweather L, Belton S, Mansfield C, Whitcomb-Khan G, Cacciatore I, Thompson A, Thijssen D, Wagenmakers AJM. Formative Evaluation of a Home-Based Physical Activity Intervention for Adolescent Girls—The HERizon Project: A Randomised Controlled Trial. <i>Children</i>. 2021; 8(2):76.  <a href="https://doi.org/10.3390/children8020076">https://doi.org/10.3390/children8020076</a></p>
17	<p>Mustapha, B., Houcine, B., &amp; Touati, A. B. (2019). Effectiveness of plyometric exercises to improve muscular strength and digital achievement for students in shot put. <i>International Journal of Physical Education, Fitness and Sports</i>, 8(2), 36–41.  <a href="https://doi.org/10.26524/ijpefs1925">https://doi.org/10.26524/ijpefs1925</a></p>	<p>Thaqi A, Berisha M, Asllani I. The effect of plyometric training on performance levels of the shot put technique and its related motor abilities. <i>Pedagogy of Physical Culture and Sports</i>. 2021;25(3):144-51.  <a href="https://doi.org/10.15561/26649837.2021.0301">https://doi.org/10.15561/26649837.2021.0301</a></p>
18	<p>Gardašević, N., Fulurija, D., Joksimović, M., Eler, N. ., &amp; Ahmedov, F. S. (2020). The Influence of Morphological Characteristics on Throw Speed in Handball. <i>International Journal of Physical Education, Fitness and Sports</i>, 9(3), 32–38.  <a href="https://doi.org/10.34256/ijpefs2035">https://doi.org/10.34256/ijpefs2035</a></p>	<p>Podrihalo O, Podrigalo L, Kiprych S, Galashko M, Alekseev A, Tropin Y, Deineko A, Marchenkov M, Nasonkina O. The comparative analysis of morphological and functional indicators of armwrestling and street workout athletes. <i>Pedagogy of Physical Culture and Sports</i>. 2021;25(3):188-93.  <a href="https://doi.org/10.15561/26649837.2021.0307">https://doi.org/10.15561/26649837.2021.0307</a></p>