

Table of Contents

A. No	Volume 2, Issue 1, Year 2013	Pg. Nos
1	A Comparison of Selected Biomechanical Parameters of Front Row Spike between Short Set and High Set Ball <i>Papan Mondal, Sudarsan Bhowmick</i> DOI : https://doi.org/10.26524/1311	1-5
2	Attitude towards Health and Fitness of Middle Age and Old Age Citizens of Gwalior <i>Rajender Singh, Pradeep Kumar, Sonu Kumar, Prabal Pratap Singh</i> DOI : https://doi.org/10.26524/1312	6-15
3	Flow State between Open and Closed Skill Athletes: A Psychological Probe <i>Dalwinder Singh, Davinder Singh</i> DOI : https://doi.org/10.26524/1313	16-19
4	Effects of Varied Combinations of Resistance Training Aerobic Training and Yogic Practices on Aerobic Capacity and Cardiovascular Parameters of Obese Adolescent Children <i>Rajarathi R, Pitchaiappa T, Chittibabu B</i> DOI : https://doi.org/10.26524/1314	20-24
5	Diurnal Rhythms in Selected Physical Variables before and During Ramadan Fasting <i>Chittibabu B</i> DOI : https://doi.org/10.26524/1315	25-29
6	Influence of Different Intensity Resistance Training on Selected Speed Parameters <i>Savarirajan R</i> DOI : https://doi.org/10.26524/1316	30-37
7	Obesity Detrimental to Women's Health <i>Uday N Manjare, Kavita Kholgade</i> DOI : https://doi.org/10.26524/1317	38-41
8	Anthropological Measurement of women's National and International Level Football Players of Manipur <i>Nongmaithem Sunderlal Singh</i> DOI : https://doi.org/10.26524/1318	42-46
9	Significance of Physical Education for School Students <i>Santosh Kumar Mishra</i> DOI : https://doi.org/10.26524/1319	47-52
10	Sports Communication and Modern Technology <i>Tushar Kumar Gandhi</i> DOI : https://doi.org/10.26524/13110	53-55