

## Table of Contents

A. No	Volume 9, Issue 1, Year 2020	Pg. Nos
01	<p><b>The acute effects of intracomplex rest intervals on rate of force development and ballistic performance responses following strength-power complex training in talent-identified adolescent rugby players</b></p> <p><i>Samuel John Collins, Jeremy Moody, Joseph Esformes</i></p> <p>DOI: <a href="https://doi.org/10.34256/IJPEFS2011">https://doi.org/10.34256/IJPEFS2011</a></p>	1-15
02	<p><b>Postural control in male ten-pin bowlers of different level of competitiveness</b></p> <p><i>Vasilis Stefopoulos, Katerina Iatridou, Dimitris Karagiannakis, Dimitris Mandalidis</i></p> <p>DOI: <a href="https://doi.org/10.34256/IJPEFS2012">https://doi.org/10.34256/IJPEFS2012</a></p>	16-25
03	<p><b>Systematic Review on the Associations between Objectively Measured Breaks in Sitting Time and Cardiovascular Health in Youth</b></p> <p><i>Eduarda Sousa-Sa, McNeill J, Pereira J.R, Zhang Z, Okely A.D, Santos R.</i></p> <p>DOI: <a href="https://doi.org/10.34256/IJPEFS2013">https://doi.org/10.34256/IJPEFS2013</a></p>	26-43
04	<p><b>Serve and Return in Badminton: Gender Differences of Elite Badminton Players</b></p> <p><i>Jan Carboch, Petr Smocek</i></p> <p>DOI: <a href="https://doi.org/10.34256/IJPEFS2014">https://doi.org/10.34256/IJPEFS2014</a></p>	44-48