ANALYSIS OF SELECTED MOTOR VARIABLES AS PREDICTORS OF FOOT BALL PLAYING ABILITY

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Abstract: Football came to India in the last quarter of nineteenth century the all India football federation was founded in 1937 the national championship for the santhosh trophy is conducted annually since 1943. India football team was made its first Olympic appearance during the year 1948 London Olympic In the developed countries physical education has blossomed a well established field physical education in developed countries aims at the general physical fitness of the public and are able create a sense of physical fitness huge amount of money is involved this business the games like tennis football golf boxing cremate involve highly attractive prize money for the winners as well as for the runners The test items were speed (50 meters dash) strength pushups (10*6 meters shuttle urn)flexibility(sit and reach) endurance (600yard run and walk)and football skills test are mc Donald volleying foot test and johns ion foot ball test the subjected were to perform the test as instructed by the researcher

Key words; the motor variables have direct influence on the football playing ability

INTRODUCTION

In the developed countries physical education has blossomed a well established field physical education in developed countries aims at the general physical fitness of the public and are able create a sense of physical fitness huge amount of money is involved this business the games like tennis football golf boxing cremate involve highly attractive prize money for the winners as well as for the runners [1-3].

Football came to India in the last quarter of nineteenth century the all India football federation was founded in 1937 the national championship for the santhosh trophy is conducted annually since 1943. India football team was made its first Olympic appearance during the year 1948 London Olympic.

STATEMENT OF THE PROBLEMS

The Purpose of This Study Was to know the influence of motor variables on foot ball playing ability

DELIMITATIONS OF THE STUDY

- This study was delimited to Bellary university inter collegiate foot ball player
- This study was further delimited to male player Bellary University
- This study is confined the age group b/w 19-25 year old age players
- The study was delimited to the player who are studying during academic year 2010-2011
- This study was delimited to selected motor variable

LIMITATIONS OF THE STUDY

The research study was limited in the following respects and these as limitation of the study while interpreting the data player height weight food habits geographical factor atmosphere environmental changes etc are not considered their life style may also influence on fitness this would be a limitation for the study

HYPOTHESIS

IT WAS hypothesized that the motor variables have direct influence on the football playing ability

SIGNIFICANCE OF THE STUDY

- It helps in selection of the player for football team
- It helps to know the motor variables required to football player
- It helps the coaches and physical education director to select the football team
- It helps to formulate a suitable training programme for football players

METHODOLOGY

They study was designed to ascertain the better selected motor fitness and skill test among the Bellary university inter collegiate football man players selected during Bellary university intercollegiate football tournament the subjects were aged from 19-25 year

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THE ANALYSIS INTERPRETATION AND RESULTS OF THE

The propose of the study was to analyzed selctcated motor variable predictors of football playing ability the advanced statistical techniques namely component of spas software packed this is established software for social such as mean standard deviation unites of score of 09 test were administered to 100 inter collegiate foot ball players have been presented in the Table 1

S.No		n	minimum	maximum	mean		std
	events	statistics	statistics	statistics	statistics	Std.eror	statistics
1	Mc Donald Football test	100	32.00	70.00	54.7900	0,8136	8.1356
2	Johnson Football test	100	20.00	35.00	35.3600	0.7112	7.1174
3	speed	100	7.00	8.1800	8.1800	5.ooo	0,04681
	endurance	100	184.00	240.9500	240.9500	2.7782	27.7818
4	agility	100	14.00	15.8500	15.8500	6.798	0.6798
	strength	100	12.00	19.6500	19.6500	0.4331	4.3307
5	flexibility	100	14.00	21.5031	21.5031	0.4595	4.5997
6	height	100	145,00	161.330	161.330	0.9905	9.9047
	weight	100	45.00	58.1100	58.1100	0.7578	7.5788
	valid	100	_	_	_	_	-

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